

# Laura Montgomery, B.S., B.S.N., M.A., M.S.N., RN, FNP-C

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## Education

### **The University of Texas Health Science Center at Houston**

Current: pursuing Post-Master's in Psychiatric/Mental Health Nurse Practitioner. Anticipated completion 12/18

Post-Master's Certificate–Nursing Education, August 2015

Master of Science in Nursing–Family Nurse Practitioner, December, 2014, GPA: 3.84, clinical outpatient rotations with rural and underserved populations in women's health, family practice and pediatrics; suburban family practice; specialty inpatient nephrology rotation.

Bachelor of Science in Nursing, graduated August 2012, Summa cum laude

### **Lone Star College-Kingwood**

AAS, Nursing: August, 2011, Magna cum laude.

### **Sam Houston State University, Huntsville, Texas**

Master of Arts in Psychology: December, 1987 Summa cum laude.

### **Kent State University, Kent, Ohio**

Bachelor of Science in Speech Pathology and Audiology: December, 1981

Minors: Business Management, Psychology

## Professional Experience

### **01/2015-Present Sam Houston State University, Huntsville TX**

Assistant Clinical Assistant Professor, Nursing. Course coordinator and professor of psychiatric mental health nursing didactic and inpatient clinical experience Spring 2016 to present; course coordinator and professor of didactic pathophysiology and pharmacology to baccalaureate level nursing students Spring 2015-Spring 2016. Planned curriculum and educational experiences for students, focusing on critical thinking, content mastery, and psychomotor skills for delivery of safe entry level nursing care, designed simulations and labs; increased psychiatric mental health nursing simulation 150%. Mentored new faculty team members, Spring 2016-Present; taught Nursing Concepts 1 Summer 2016, 2017. Assisted in development of core courses for proposed Family Nurse Practitioner program. Active member, School of Nursing Curriculum committee 2016-present, responsible for development of standardized syllabus template, curriculum reorganization and standardized clinical evaluation tool.

### **11/2011-Present Kingwood Medical Center, Kingwood, TX:**

Staff RN, Intermediate Unit (IMU). Management of continuous cardiac monitored intermediate care patients with complex medical conditions. Assessment; planning, coordinating, and implementing plan of care; collaborative team coordination; administration and monitoring of complex medication administration including titrating drips; documentation and evaluation of care in the critical care environment; patient education, coordinating admissions/discharges. Skills include , monitoring patients on continuous in room telemetry monitoring and interpreting dysrhythmias, continuous bipap monitoring, pre- and post-cath-lab and CABG care; care of stroke and neuro patients, floating to cath lab PRN, participating in all nursing roles in codes; setting up, administration and monitoring of aquaphoresis therapy, feeding pumps, trachs. Also active in precepting nursing students and new-hire orientees 2013-present. Designed and presented staff development project to IMU and ICU staff.

### **2004-Present Lone Star College - Montgomery, Conroe, Texas**

Adjunct instructor, Psychology. Plan curriculum, teach undergraduate general psychology and lifespan growth and development to adult learners in both face to face and online environments, primarily to pre-health science students. Curriculum design and records management. Certified distance-learning instructor. Served on departmental text selection committee. Professional presentations to campus wide faculty.

### **06/2015-Present TOMAGWA Healthcare Ministries, Tomball, TX**

Volunteer Family Nurse Practitioner in rural primary care clinic for uninsured/underinsured clients from infancy to older adults. Focus on health

promotion, treatment of acute and chronic health concerns.

**1991-2012 Christian Educational Concepts, Conroe TX**

Owner/Educational Consultant. Firm specializing in educational planning and curriculum design for special needs students grades Kindergarten-adult, tripled revenue each year of operation. Consultation to public and private schools, coordination of ARD meetings, implementation of Individual Education Plans and ADA accommodations, student advocacy. Planned and delivered in-service training to local schools.

**1987-1999 Covenant Christian School, Conroe, TX and Oak Ridge Baptist Church Little Learners, Spring TX**

Teacher/Lead Teacher/ Team Leader. Planned and administered educational instruction for children grades Pre-K through 8. Team leader of group of four teachers. Designed and delivered in-service education for staff of 25+

**Current Licensure/Certifications**

**Texas Registered Nurse license # 808237; Texas APRN-FNP license #AP128219, RX authorization #18029. ANCC certification in Family Practice Nurse Practitioner, current American Heart Association BLS , ACLS certification; NIH stroke scale certification; EKG Monitor Tech certificate; Texas Secondary Teacher Certification.**

**Professional Awards and Development:**

2018 Lilly Conference; School of Nursing ATI Champion superuser; Blackboard online certification in progress; Sam Houston State University Pathways university-wide professional development cohort, 2015-2016; Harris County Medical Society Alliance Clinical Excellence Award, 2012; President's List University of Texas Health Science Center at Houston, 2009, 2011-2014; Lone Star College Kingwood Outstanding Nursing student, 2010-2011; Nightingale Award, Lone Star College Kingwood Nursing Program, August, 2011; President's List Lone Star College, 2008-2011; Callaway Collision Scholarship & President's National scholarship winner, Lone Star College-Kingwood School of Nursing; Houston Healthcare and Nursing Foundation Scholarship winner, 2009; University of Texas Health Science Center at Houston John Dunn Scholarship winner, 2009.

**Professional Memberships**

Sigma Theta Tau International, Zeta Pi Chapter; American Association of Critical Care Nurses; American Nursing Association; Texas Nursing Association; American Association of Nurse Practitioners; North Harris Montgomery County Advance Practice Nurses

**Service**

Nursing Honor Society steering committee and Board of Directors, Treasurer; Member Disaster Planning Task Force; School of Nursing Curriculum Committee Member

**Volunteer Activities**

Sam Houston State University, The Woodlands Center, Placement Center Etiquette Dinner volunteer faculty; Kingwood Medical Center Critical Care Skills Fair volunteer instructor; TOMAGWA Community Health Care Ministries, Tomball, TX; Texas Children's Hospital, Houston, TX, emergency room; and Memorial Hermann Hospital-Woodlands, volunteer greeter

**Research Interests**

**Current:** Collaboration on article examining self-care and anxiety levels among baccalaureate nursing students.

**Past:** Member of grant proposal team for \$1.4 million rural health initiative grant preventing cancer in rural East Texas; study of mental health promotion in underserved populations, substance use disorders, primary care in rural and underserved populations, spiritual health promotion.

August, 2017: Poster presentation at NurseTim Nuts and Bolts conference: "The Use of Faculty as Standardized Patients in Psychiatric/Mental Health Simulation"